



# Adult High School Advisement Sheet

## Take College Courses to Satisfy Adult High School Diploma Requirements

Adult High School (AHS) credits may be earned by completing college coursework. Below are the AHS credit requirements and the MiraCosta College courses that meet those requirements. A three-unit college course is equivalent to ten AHS credits. Please meet with a counselor to review these options.

English—30 credits	C	IP	N
<b>HSENG</b> 15, 16, 17, 21, 22, 23, and/or 25 <i>or</i> Any credit course in <b>English, ESL, American College English, Communication, and/or Reading.</b>			

Mathematics—20 credits (5 credits in Algebra)	C	IP	N
<b>HSMTH</b> 11, 12, 13, 20 and/or 21 <i>or</i> <b>Math:</b> any course <b>Biotechnology</b> 180 <b>Business</b> 147, 204 <b>Computer Science &amp; Information Technology</b> 123 <b>Psychology</b> 104 <b>Sociology</b> 125			

Science—20 credits (Must include a physical and biological/life science.)	C	IP	N
<b>HSSCI</b> 11, 12, and/or 41 (physical) and <b>HSSCI</b> 21, 22, 23, and/or 51 (biological/life) <i>or</i> <b>Biological/Life Science:</b> <b>Anthropology</b> 101, 105, 190 <b>Biology:</b> any course <b>Biotechnology</b> 108 <b>Horticulture</b> 115, 116 <b>Nutrition</b> 100, 120 <b>Psychology</b> 260 <b>Nursing</b> 153  <b>Physical Science:</b> <b>Astronomy</b> 101, 120, 201 <b>Chemistry:</b> any course <b>Earth Science</b> 106 <b>Geography</b> 101 <b>Geology</b> 101 <b>Oceanography</b> 101 <b>Physical Science</b> 106, 108 <b>Physics</b> 111, 112, 151, 152, 253			

United States History*—10 credits	C	IP	N
<b>HSUSH</b> 11 and 12 <i>or</i> <b>History</b> 110, 111, 141, 142, 145, 146			

\*A full year sequence of **US History** 110/111; 141/142; 145/146 will satisfy the diploma requirements for **US History** (10 credits), **American Government** (5 credits), and **Economic** (5 credits).

American Government—5 credits	C	IP	N
<b>HSAGT</b> 10 <i>or</i> <b>Political Science</b> 101, 102			

Economics—5 credits	C	IP	N
<b>HSECN</b> 10 <i>or</i> <b>Economics</b> 100, 101, 102			

World History—10 credits	C	IP	N
<b>HSWHG</b> 11 and 12 <i>or</i> <b>History</b> 100, 101, 103, 104 <b>Geography</b> 101, 102, 104 (Only 5 credits will be granted for geography courses.)			

Humanities <sup>†</sup> —10 credits	C	IP	N
<b>HSIFA</b> 11, 12, 13, and/or 14 <i>or</i> <b>Art:</b> any course (Only 5 credits will be awarded for Art 245.) <b>Automotive</b> 110 <b>Chicano/Chicana Studies</b> 100, 232 <b>Communication</b> 111, 150, 215 <b>Design</b> 107, 108 <b>Dance</b> 100, 101, 104, 105 <b>Drama</b> 105, 130, 134, 222 <b>Ethnic Studies</b> 100 <b>Film</b> 101, 106, 111, 112, 211, 212 <b>Foreign Languages: French, German, Italian, Japanese, Spanish</b> <b>History</b> 103, 104 <b>Humanities</b> 101, 201, 202, 205 <b>Literature:</b> any course <b>Math</b> 105 <b>Music</b> 100, 112, 113, 114, 115, 116, 119 <b>Philosophy</b> 101, 102, 221 <b>Religious Studies</b> 101, 103, 105 <b>Sociology</b> 232			

Electives <sup>‡</sup> —50 credits	C	IP	N
<b>HSETHN</b> 10; <b>NCABE</b> 11, 92; <b>HSWFP</b> 11; <b>NCENG</b> 30; <b>NCESL</b> 30, 33, 40, 45, 49, 53, 55, 57, 62A-C, 65, and/or 82			

All noncredit courses in **NCABE, NCAHM, NCENG, NCBOT, NCHORT, NCMTH, NCVOC, and NCWFP** and or/any other high school courses not already used to satisfy other diploma credit requirements may be used for elective credits. Student must earn a "P" grade and credits may vary based on the instructional hours of the course.

<sup>†</sup>Please note that this section is derived directly from the Humanities section on Plan A for MiraCosta College.

<sup>‡</sup>Any credit course may be used for elective credits except for activity courses which do not contain lecture hours (for example **Athletics, Kinesiology**).

### IMPORTANT INFORMATION

Courses on this list are approved effective Fall 2024.

Credit courses numbered 292, 296, 298, or 299 are not eligible for AHS credits.

All MiraCosta College credit and noncredit courses may be used to satisfy the AHS residency requirement.

Other validated high school or college-level skills and knowledge gained outside of the classroom may be eligible for credits as determined through an applicable Credit for Prior Learning process.